



## **Final Retention Instructions**



### **Congratulations on the completion of your treatment!**

Our team is dedicated to assisting you in maintaining your beautiful, healthy orthodontic result for a lifetime. *Please follow the guidelines below in order to maintain your result for years to come:*

1. Follow your customized retention schedule made by the doctor *indefinitely*.
2. The comfort and fit of your retainers will stay the same with regular wear.
3. If you miss any time wearing your retainers, they may become tight. If this occurs, wear your retainers more frequently until your teeth realign and your retainers fit more passively. Then, resume your prescribed wear schedule.
4. Future visits for retainer checks, may be subject to office visit or laboratory fees
5. Continue to see your general dentist for regular examinations every 6 months
6. If we have not given you specific recommendations regarding 3<sup>rd</sup> molars (wisdom teeth), follow the treatment advice of your general dentist.
7. Retainers have a limited life span and may need to be replaced periodically.
8. If you have any questions regarding your retainers or retention schedule, *please call our office* and we will be very happy to assist you!

**We are here to help you! Call us at 610-615-3166 with any questions - we would love to assist you!**

**Share Your Smile With The World!!**

*"The path we take together is just as important as the final result"*  
*DCO Orthodontic Specialists*