

## **Hawley Retainers Instructions**



### **What a Hawley Retainer does:**

1. Maintains the alignment of the teeth and bite and prevents shifting from occurring
2. Maintains alignment of the bite and width of the arch established during treatment

### **Important Considerations:**

1. Wear retainers in the evenings and while sleeping (12 hrs/night) or as prescribed by the doctor
2. Keep retainers in the case provided when not in your mouth
3. Let us know immediately if retainers are lost, broken or do not fit properly. We want to ensure you have a well fitting retainer to prevent shifting of your teeth
4. Remove retainers while eating, drinking and playing sports
5. Use a toothbrush and water and dish soap or toothpaste to clean retainers.
6. Use denture cleaning tablets to disinfect retainers as needed (typically every 2 weeks)
7. Keep retainers away from extreme temperatures
8. Keep retainers away from pets (dogs love to chew retainers)
9. Initial retainers are included with your treatment, but there is a fee to replace lost or broken retainers

### **Advantages Hawley Retainers:**

1. They are very durable, can be adjusted easily and do an excellent job in keep your teeth straight
2. If you follow our instructions for wear you will maintain the corrections made in the initial phase of treatment

**We are here to help you! Call us at 610-615-3166 with any questions- we would love to assist you!**

*“The path we take together is just as important as the final result”*  
*DCO Orthodontic Specialists*