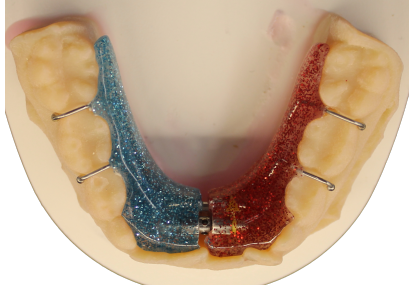


## **Removable Expander Instructions**



**Turning Protocol:**  
**1 turn 2x/week**  
**(every 3-4 days)**

### **What a Removable Expander does:**

1. A Removable Expander widens the arch to create more space for the alignment or eruption of permanent teeth.
2. It improves the functional relationship of the upper and lower teeth.

### **Important Considerations:**

1. Prescribed turns (activations) to the expander are done with the expander out of the mouth and with a specific key for turning.
2. It is important to place the expander in the case provided when it is not in the mouth.
3. If the expander does not fit properly, stop turns, continue wearing, and see if the fit improves after 2-3 days. If the fit does not improve, please contact the office to schedule an appointment.
4. The expander will work very well if it is worn as directed.

### **Advantages of a Removable Expander:**

1. It can be removed from the mouth - putting the patient in control.
2. It may prevent the future need for jaw surgery or permanent tooth extraction in some patients.

**We are here to help you! Call us at 610-615-3166 with any questions - we would love to assist you!**

*"The path we take together is just as important as the final result"*  
*DCO Orthodontic Specialists*