

Separators



What separators do:

1. Separators relieve contact between teeth in preparation for a banded appliance
2. Allow for easier insertion of the banded appliance at delivery

Important Considerations:

1. Separators begin the process of tooth movement and may cause mild discomfort
2. Soreness is usually mild and decreases significantly after 2 days
3. Take Motrin or Tylenol as directed on the bottle as needed for discomfort
4. Avoid extremely sticky foods such as taffy and caramels while the separators are inserted
5. Do not floss where the separators are in place
6. If a separator comes out, it is not a problem and does not need to be replaced. The separator likely came out because there is adequate space between the teeth
7. Separators are non-toxic and will not harm the GI system if swallowed accidentally

We are here to help you! Call us at 610-615-3166 with any questions - we would love to assist you!